

November

BREAKFAST

UNITIZED K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>corn chex w/ educational snacks yogurt w/ educational snacks</p>	<p>3</p> <p>cinnamon crumble cinnamon chex w/ educational snacks</p>	<p>4</p> <p>blueberry bagel w/cream cheese multigrain cheerios w/ cinnamon goldfish</p>	<p>5</p> <p>strawberry pancake bowl cheerios w/ educational snacks</p>	<p>6</p> <p>blueberry muffin corn chex w/ educational snacks</p>
<p>9</p> <p>yogurt w/ granola multigrain cheerios w/ educational snacks</p>	<p>10</p> <p>blueberry muffin cinnamon chex w/ educational snacks</p>	<p>11</p> <p>strawberry pancake bowl cheerios w/ educational snacks</p>	<p>12</p> <p>French toast muffin corn chex w/ educational snack</p>	<p>13</p> <p>blueberry bagel w/ cream cheese multigrain cheerios w/ educational snacks</p>
<p>16</p> <p>cheerios w/ educational snacks zee zees apple berry bar</p>	<p>17</p> <p>lemon muffin corn chex w/ educational snacks</p>	<p>18</p> <p>plain bagel w/ cream cheese cinnamon chex w/ educational snacks</p>	<p>19</p> <p>strawberry granola multigrain cheerios w/ educational snacks</p>	<p>20</p> <p>cinnamon crumble cinnamon chex w/ educational snacks</p>
<p>23</p> <p>zee zees cinnamon crisp cinnamon chex w/ educational snacks</p>	<p>24</p> <p>cinnamon crumble multigrain cheerios w/ educational snacks</p>	<p>25</p> <p>plain bagel w/cream cheese cinnamon chex w/ educational snacks</p>	<p>26</p> <p>multigrain cheerios w/ cinnamon goldfish</p>	<p>27</p> <p>cinnamon chex w/ educational snacks</p>
<p>30</p> <p>SHELF STABLE cheerios w/ cinnamon grahams</p>				

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://www.surveymonkey.com/r/meals-survey)



revolution foods.

This institution is an equal opportunity provider.
All grains offered are whole-grain rich.

Choice of 1% or fat-free
milk; fresh fruit available
daily except when fruit
juice is served.

Dairy-Free (DF)

Vegetarian (V)

November

BREAKFAST

UNITIZED PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 corn chex w/ educational snacks yogurt w/ educational snacks	3 cinnamon crumble cheerios w/ string cheese	4 blueberry bagel w/cream cheese corn chex w/ educational snacks	5 strawberry pancake bowl cheerios w/ educational snacks	6 blueberry muffin corn chex w/ educational snacks
9 yogurt w/ granola corn chex w/ educational snacks	10 blueberry muffin cheerios w/ educational snacks	11 strawberry pancake bowl corn chex w/ educational snacks	12 French toast muffin cheerios w/ educational snacks	13 blueberry bagel w/ cream cheese corn chex w/ string cheese
16 cheerios w/ educational snacks cinnamon grahams w/ string cheese	17 lemon muffin corn chex w/ educational snacks	18 plain bagel w/ cream cheese cheerios w/ educational snacks	19 strawberry granola corn chex w/ educational snacks	20 cinnamon crumble cheerios w/ educational snacks
23 cinnamon grahams w/ string cheese corn chex w/ educational snacks	24 cinnamon crumble cheerios w/ educational snacks	25 plain bagel w/cream cheese corn chex w/ string cheese	26 cheerios w/ string cheese	27 cheerios w/ cinnamon goldfish
30 SHELF STABLE cheerios w/ cinnamon grahams				

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>chicken bites w/ waffles baby carrots</p>	<p>3</p> <p>cheese tamales(V) corn</p>	<p>4</p> <p>pepperoni pizza w/ chili citrus black bean, corn</p>	<p>5</p> <p>cheese panada pie(V) broccoli</p>	<p>6</p> <p>cheese ravioli w/ green beans(V)</p>
<p>9</p> <p>cheese enchiladas(V) corn</p>	<p>10</p> <p>mac & cheese w/ chicken bites baby carrots</p>	<p>11</p> <p>chicken gumbo w/ carrots</p>	<p>12</p> <p>pepperoni pizza w/ broccoli</p>	<p>13</p> <p>crispy chicken sandwich w/ baby carrots(DF)</p>
<p>16</p> <p>HOLIDAY DINNER turkey, cranberry, & yams</p>	<p>17</p> <p>cheese pizza panada pie(V) corn</p>	<p>18</p> <p>bbq chicken w/ pinto beans</p>	<p>19</p> <p>cheese pizza w/ salad(V)</p>	<p>20</p> <p>cheese lasagna w/ green beans(V)</p>
<p>23</p> <p>cheeseburger baby carrots</p>	<p>24</p> <p>beef & beans burrito corn</p>	<p>25</p> <p>pepperoni pizza chili citrus black bean & corn</p>	<p>26</p> <p>cheese pizza panada pie(V) broccoli</p>	<p>27</p> <p>hot dog w/ baby carrots(DF)</p>
<p>30</p> <p>chicken tamales (D) corn</p>				

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)
options available daily – if not listed on
the menu, available upon request

November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 chicken bites w/ waffles baby carrots	3 cheese tamales(V) corn	4 cheese pizza pinto beans(V)	5 cheese panada pie(V) broccoli	6 spaghetti marinara w/ green beans(V)
9 cheese enchiladas(V) corn	10 mac & cheese w/ chicken bites carrots	11 chicken gumbo w/ carrots	12 cheese pizza w/ salad	13 crispy chicken sandwich w/ baby carrots(DF)
16 mac & cheese w/ chicken bites w/ carrots	17 cheese pizza panada pie(V) corn	18 bbq chicken w/ pinto beans)	19 cheese pizza w/ salad(V)	20 hamburger w/ carrots(DF)
23 cheeseburger carrots	24 beef & beans burrito corn	25 cheese pizza w/ pinto beans(V)	26 cheese pizza panada pie(V) broccoli	27 chicken bites w/ broccoli(DF)
30 chicken tamales (DF) corn				

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Vegetable of the Day

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